

$$\langle \mathbb{B} | \phi_{k_1}(\eta) \phi_{k_2}(\eta) \phi_{k_3}(\eta) | \mathbb{B} \rangle \approx \langle 0 | U^\dagger \phi_{k_1}(\eta) \phi_{k_2}(\eta) \phi_{k_3}(\eta) U | 0 \rangle$$

$$U | 0 \rangle = T \int_{-\infty}^{\eta} e^{i \mathcal{H}_{int}(\eta')} d\eta', \text{ where } \mathcal{H}_{int}(\eta') = g \int d^3x \frac{1}{H^4 \eta^4} \phi^3(x, \eta').$$

metric det from $ds^2 = \frac{-d\eta^2 + d\vec{x}^2}{H^2 \eta^2}$

To first order in g , we have

$$ig \langle 0 | [\phi_{k_1}(\eta) \phi_{k_2}(\eta) \phi_{k_3}(\eta), \int_{-\infty}^{\eta} d\eta' \int d^3x \frac{1}{H^4 \eta^4} e^{i\vec{k}_1 \cdot \vec{x} + i\vec{k}_2 \cdot \vec{x}' + i\vec{k}_3 \cdot \vec{x}''} \phi_{k_1}(\eta') \phi_{k_2}(\eta') \phi_{k_3}(\eta')] | 0 \rangle$$

where time-ordering does not matter to this order.

$\langle \phi_{k_1}(\eta) \phi_{k_2}(\eta) \phi_{k_3}(\eta) \phi_{k_4}(\eta') \phi_{k_5}(\eta') \phi_{k_6}(\eta') \rangle$ is symmetric in $\{1, 3, 5\}$ and in $\{4, 5, 6\}$.

We use Wick's theorem to decompose the correlator into contractions, where $\overline{\phi_{\vec{k}}(x) \phi_{\vec{k}'}(y)} = \overline{\Gamma_{\vec{k}}^*(x) \Gamma_{\vec{k}'}(y)} \propto (2\pi)^3 \delta^3(\vec{k} + \vec{k}')$, and $\overline{\Gamma_{\vec{k}}(x) \Gamma_{\vec{k}'}(y)} = \frac{H}{\sqrt{2k}} (1 + ikx) e^{-ikx}$

From the symmetry, we need only consider

$\overline{1} \overline{2} \overline{3} \overline{4} \overline{5} \overline{6} \rightarrow$ proportional to $\delta^3(\vec{k}_3)$; does not contribute to 3-pt function!

 There is a symmetry factor of 6.

$$\begin{aligned} & \int_{-\infty}^{\eta} d\eta' (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2 + \vec{k}_3) \frac{1}{H^4 \eta^4} \prod_{i=1}^3 \overline{\Gamma_{\vec{k}_i}^*(\eta) \Gamma_{\vec{k}_i}(\eta')} \\ & \cdot 6i\lambda (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2 + \vec{k}_3) \frac{1}{H^4} \frac{H^6}{\prod_i (2k_i^3)} \int_{-\infty}^{\eta} d\eta' \frac{1}{\eta'^4} e^{-i(k_1+k_2+k_3)(\eta'-\eta)} \prod_i (1 - ik_i(\eta-\eta') + k_i^2 \eta \eta') \\ & = -\frac{3}{4} i (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2 + \vec{k}_3) \frac{H^2}{k_1^3 k_2^3 k_3^3} \left[\int_{-\infty(1-i\epsilon)}^{\eta} \frac{d\eta'}{\eta'^4} e^{-i(k_1+k_2+k_3)(\eta'-\eta)} \prod_i (1 - ik_i(\eta-\eta') + k_i^2 \eta \eta') \right] \end{aligned}$$

where the $i\epsilon$ prescription projects onto the Minkowski vacuum at early times.

At late times, we can take $k\eta \rightarrow 0$, and then evaluate the integral on $(-\infty(1-i\epsilon), \eta_0)$.

The $\frac{1}{\eta_0^3}, \frac{1}{\eta_0^2}$ terms are real, and the leftover piece is

$$\left[-\frac{1}{9} (-4 + 3\gamma + 3 \log(-\eta) + 3 \log(k_1 + k_2 + k_3)) (k_1^3 + k_2^3 + k_3^3) + \frac{1}{3} \left(\sum_{i \neq j} k_i k_j^2 - k_1 k_2 k_3 \right) \right] \text{ where } \gamma \approx 0.577 \dots$$

So the leading contribution at late times is given by

$$\frac{-i}{4} (2\pi)^3 \delta^3(\vec{k}_1 + \vec{k}_2 + \vec{k}_3) \frac{H^2}{k_1^3 k_2^3 k_3^3} \left\{ \begin{array}{l} \text{log divergence} \\ -\frac{1}{3}(-4 + 3\gamma + 3\log(-\eta) + 3\log(k_1 + k_2 + k_3))(k_1^3 + k_2^3 + k_3^3) \\ + \left(\sum_{i \neq j} k_i k_j^2 - k_1 k_2 k_3 \right) \end{array} \right\}$$

Thank you Mathematica..

2.1

(group 23)

$$S = -\frac{1}{2} \int \sqrt{-g} \{ (\partial\phi)^2 + m^2\phi^2 \}$$

$$ds^2 = \frac{-d\eta^2 + d\vec{x}^2}{\eta^2}$$

$$\Rightarrow S = \frac{1}{2} \int \frac{d^3x d\eta}{H^2 \eta^2} \left\{ (\partial_\eta \phi)^2 - \partial_i \phi \partial_i \phi - \frac{m^2}{H^2 \eta^2} \phi^2 \right\}$$

invariant under $\begin{cases} \eta \rightarrow \lambda \eta \\ \vec{x} \rightarrow \lambda \vec{x} \end{cases} \Rightarrow \vec{k} \rightarrow \lambda^{-1} \vec{k}$

$$\phi(\vec{x}, \eta) = \int d^3k \phi_{\vec{k}}(\eta) e^{i\vec{k} \cdot \vec{x}} \Rightarrow \phi_{\vec{k}} \rightarrow \lambda^3 \phi_{\lambda \vec{k}}$$

$$\Rightarrow \langle \phi_{\vec{k}} \phi_{\vec{k}'} \rangle \sim \underbrace{(2\pi)^3 \delta(\vec{k} + \vec{k}')}_{\text{FROM TRANSLATIONAL INVARIANCE}} \underbrace{\frac{f(k\eta, \frac{m}{H})}{k^3}}_{\text{FROM SCALING ARGUMENT}}$$

Let us determine the time dependence of $\phi_{\vec{k}}(\eta)$ in the $k \rightarrow 0$ limit

$$\frac{\delta S}{\delta \phi} = 0 \Rightarrow \phi'' - \underbrace{\nabla^2 \phi}_{\rightarrow 0} - \frac{2}{\eta} \phi' + \frac{m^2}{H^2 \eta^2} \phi = 0$$

when $k \rightarrow 0$

$$\phi'' - \frac{2}{\eta} \phi' + \frac{m^2}{H^2 \eta^2} \phi \approx 0 \quad k \rightarrow 0$$

ANSATZ: $\phi_{\vec{k}=0}(\eta) \sim \eta^\alpha \Rightarrow \alpha^2 - 3\alpha + \frac{m^2}{H^2} = 0$

$$\Rightarrow \alpha_{\pm} = \frac{3}{2} \pm \sqrt{\left(\frac{3}{2}\right)^2 - \frac{m^2}{H^2}}$$

(1)

$$\Rightarrow \langle \phi_{\vec{k}} \phi_{\vec{k}'} \rangle \underset{k \rightarrow 0}{\sim} (k\eta)^{2\alpha_-} (2\pi)^3 \delta(\vec{k} + \vec{k}') \frac{1}{k^3} \underset{m \ll H}{\sim}$$

(the mode η^{α_+} "decays" faster because $\alpha_+ > \alpha_-$)

$$\approx (k\eta)^{2m^2/(3H^2)} (2\pi)^3 \delta(\vec{k} + \vec{k}') \frac{1}{k^3} \sim$$

$$\sim (2\pi)^3 \delta(\vec{k} + \vec{k}') \frac{k^{n_s-1}}{k^3}$$

$$\Rightarrow \boxed{n_s = 1 + \frac{2m^2}{3H^2}}$$

Susskind #6

In the thin-wall approx, the CdL instanton $dS \Rightarrow$ flat looks like:

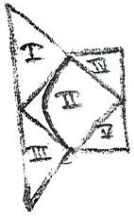


$$\frac{ds^2}{R_{dS}^2} = d\xi^2 + f(\xi)^2 (d\alpha^2 + \sin^2 \alpha d\Omega_{d-2}^2)$$

$$f(\xi) = \begin{cases} \xi & 0 \leq \xi \leq \sin \theta_0 \\ \sin(\xi + \theta_0 - \sin \theta_0), & \sin \theta_0 \leq \xi \leq \pi - \theta_0 + \sin \theta_0 \end{cases}$$

where $R_{dS} \sin \theta_0 \leq R_{dS}$ is the radius of the ball of flat space.

Analytic continuation to Lorentzian signature:



I. $\xi \rightarrow it_{II}, \alpha \rightarrow i\tau$

$$\Rightarrow \frac{-dt_{II}^2 + \alpha(t_{II})^2 (d\tau^2 + \sinh^2 \tau d\Omega_{d-2}^2)}$$

III. $\xi \rightarrow -it_{III}, \alpha \rightarrow i\tau$

so that t_{III} increases as we go up the diagram.

II: $\alpha \rightarrow it_{II}, d\Omega_{d-2}^2 \rightarrow dH_{d-2}^2$

$$\Rightarrow d\xi^2 + f(\xi)^2 (-dt_{II}^2 + \sinh^2 t_{II} dH_{d-2}^2)$$

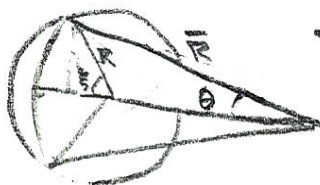
IV: $\xi \rightarrow it_{IV}, \alpha \rightarrow i\tau$

$$\frac{-dt_{IV}^2 + \sinh^2(t_{IV} - t_{IV,0}) (d\tau^2 + \sinh^2 \tau d\Omega_{d-2}^2)}{dH_{d-1}^2}$$

This is the "open slicing" of de Sitter.

V: $\xi \rightarrow -it_V, \alpha \rightarrow i\tau.$

$dS \Rightarrow dS$: the CdL instanton consists of a pair of spherical zones, w/ radius of curvature R, \bar{R} .



$$R \sin \xi \quad \bar{R} \sin \theta$$

metric here is $\bar{R} d\theta^2 + \bar{R}^2 \sin^2 \theta (d\alpha^2 + \sin^2 \alpha d\Omega_{d-2}^2)$

$$ds^2 = \frac{\bar{R}^2 \cos^2 \xi}{(1 - \frac{\bar{R}^2}{R^2} \sin^2 \xi)} d\xi^2 + \bar{R}^2 \sin^2 \xi (d\alpha^2 + \sin^2 \alpha d\Omega_{d-2}^2)$$

for $0 \leq \xi \leq \sin \theta_0$.

The analytic continuation proceeds as before, since the relation $R_{s_1, \frac{1}{2}} = \overline{R_{s_1, 0}}$ commutes with $\theta \rightarrow i\theta$, $\frac{1}{2} \rightarrow i\frac{1}{2}$.

$$\begin{aligned}
4.3 \quad S &= + \int \sqrt{-g} \left\{ \frac{\phi^4}{\lambda} \sqrt{1 - \lambda \partial_\mu \phi \partial^\mu \phi / \phi^4} - V(\phi) \right\} \\
\frac{\delta S}{\delta \phi} &= 0 \Rightarrow \frac{4\phi^3}{\lambda} \sqrt{\quad} - V'(\phi) \quad (\lambda < 0) \\
&+ \frac{1}{2} \left(\frac{4\lambda (\partial\phi)^2}{\phi^5} + 2\lambda \vec{\partial} \frac{\partial\phi}{\phi^4} \right) \frac{\phi^4}{\lambda} \left[1 - \lambda \frac{(\partial\phi)^2}{\phi^4} \right]^{-1/2} \\
&= \frac{4\phi^3}{\lambda} \sqrt{1 - \lambda \frac{(\partial\phi)^2}{\phi^4}} - V'(\phi) \\
&+ \frac{2(\partial\phi)^2}{\phi} \left[1 - \lambda \frac{(\partial\phi)^2}{\phi^4} \right]^{-1/2} + \\
&+ \square\phi \left[\quad \right]^{-1/2} - \frac{\partial\phi}{2} \left[\quad \right]^{-3/2} (-\lambda) \partial \frac{(\partial\phi)^2}{\phi^4} = \\
&= \frac{4\phi^3}{\lambda} \Omega - V'(\phi) + \left[\frac{2(\partial\phi)^2}{\phi} + \square\phi \right] \Omega^{-1} + \\
&+ \lambda \Omega^{-3} \frac{\partial_\mu \phi}{\phi^4} \left[\partial^\mu \partial^\lambda \phi \partial_\lambda \phi - 2 \frac{(\partial\phi)^2}{\phi} \partial^\mu \phi \right] = 0
\end{aligned}$$

Where $\Omega \equiv \sqrt{1 - \lambda (\partial\phi)^2 / \phi^4}$

(group #23)

$$\begin{aligned}
\frac{\delta S}{\delta g^{\mu\nu}} &= \sqrt{-g} \left\{ -\frac{1}{2} g_{\mu\nu} \mathcal{L} + \frac{\phi^4}{2\lambda} \Omega^{-1} (-\lambda) \frac{\partial_\mu \phi \partial_\nu \phi}{\phi^4} \right\} = \\
&= \sqrt{-g} \left\{ -\frac{g_{\mu\nu}}{2} \left[\frac{\phi^4}{\lambda} \Omega - V(\phi) \right] - \frac{1}{2} \Omega^{-1} \partial_\mu \phi \partial_\nu \phi \right\} \equiv \\
&\equiv -\frac{\sqrt{-g}}{2} T_{\mu\nu} \\
\Rightarrow T_{\mu\nu} &= g_{\mu\nu} \left[\frac{\phi^4}{\lambda} \Omega - V \right] + \Omega^{-1} \partial_\mu \phi \partial_\nu \phi
\end{aligned}$$

Background : $ds^2 = a^2(\eta) [-d\eta^2 + d\vec{x}^2]$, $\phi = \phi(\eta)$

$$\Rightarrow \Omega = \sqrt{1 + \lambda \dot{\phi}^2 / \phi^4}$$

$$T^{\mu}_{\nu} = \text{diag}(-\rho, p, p, p) \longrightarrow \begin{cases} T_{00} = a^2 \rho \\ T_{ii} = a^2 p \end{cases}$$

$$\begin{aligned}
\Rightarrow \rho &= \frac{T_{00}}{a^2} = \frac{1}{a^2} \left\{ a^2 \left[\frac{\phi^4}{\lambda} \Omega - V \right] + \Omega^{-1} \phi'^2 \right\} = \\
&= - \left[\frac{\phi^4}{\lambda} \Omega - V \right] + \frac{\Omega^{-1} \phi'^2}{a^2}
\end{aligned}$$

$$p = \frac{T_{ii}}{a^2} = \frac{1}{a^2} \left\{ a^2 \left[\frac{\phi^4}{\lambda} \Omega - V \right] \right\} = \frac{\phi^4}{\lambda} \Omega - V$$

$$H^2 = \frac{\rho}{3M_p^2} = \frac{1}{3M_p^2} \left\{ - \left[\frac{\phi^4}{\lambda} \Omega - V \right] + \frac{\Omega^{-1} \phi'^2}{a^2} \right\}$$

Notation : $()' \equiv \frac{d}{d\eta} ()$, $() \dot{} \equiv \frac{d}{dt} ()$

Thus, we get $p = -\rho + \Omega^{-1} \dot{\phi}^2$.

We have inflation ($p \approx -\rho$) provided $\Omega^{-1} \dot{\phi}^2 \ll V, \frac{\phi^4}{\lambda} \Omega$.

The eq. of motion for $\phi(t)$ is:

$$\frac{4\phi^4}{\lambda} \Omega - V' \phi - 2\dot{\phi}^2 \Omega^{-1} + \phi \Omega^{-1} [\ddot{\phi} + 3H\dot{\phi}] - \Omega^{-1} \dot{\phi}^2 \left[\frac{\lambda}{\Omega \phi^4} \right] [2\dot{\phi}^2 \Omega^{-1} - \ddot{\phi} \phi \Omega^{-1}] = 0$$

During inflation, this eq. can be approximated as follows:

$$\frac{4\phi^4}{\lambda} \Omega - V' \phi + \phi \Omega^{-1} [\ddot{\phi} + 3H\dot{\phi}] \approx 0$$

and the Friedmann eq. reduces to

$$H^2 \approx \frac{1}{3M_P^2} \left(V - \frac{\phi^4}{\lambda} \Omega \right) \rightarrow \frac{\phi^4}{\lambda} \Omega \approx V - 3M_P^2 H^2$$

$$\rightarrow V - 3M_P^2 H^2 - V' \phi + \phi \Omega^{-1} [\ddot{\phi} + 3H\dot{\phi}] \approx 0$$

$$\rightarrow \left[\frac{V' M_P}{V} \right] \approx \underbrace{\frac{M_P}{\phi}}_{\gtrsim 1} + \frac{M_P \Omega^{-1} [\ddot{\phi} + 3H\dot{\phi}]}{V \phi} - \frac{3M_P^3 H^2}{V \phi} \gtrsim 1 \quad (*)$$

\rightarrow we have inflation but the potential is steep!

$$\text{Similarly, } \frac{V'' M_P^2}{V} \approx \frac{M_P^2}{\phi^2} + \dots \gtrsim 1$$

Perturbations

Let us now derive the eq. for scalar field perturbations $\delta\phi$ in the approximation where we neglect metric perturbations.

If we plug $\phi = \phi_0 + \delta\phi$ into:

$$\frac{4\phi^4}{\lambda} \Omega - \phi V' + [2(\partial\phi)^2 + \phi \square\phi] \Omega^{-1} + \lambda \Omega^{-3} \frac{\partial_\mu \phi}{\phi^4} [\partial^\mu \partial^\lambda \phi \partial_\lambda \phi - 2(\partial\phi)^2 \partial^\mu \phi] = 0$$

$$\begin{aligned} \rightarrow & \frac{16\phi_0^3 \delta\phi}{\lambda} + \frac{4\phi_0^4}{\lambda} \delta\Omega + [-2\dot{\phi}_0 \delta\dot{\phi} - \delta\phi(\ddot{\phi}_0 + 3H\dot{\phi}_0) + \\ & + \phi_0(-\delta\ddot{\phi} + a^{-2}\Delta\delta\phi - 3H\delta\dot{\phi}) - \\ & - [-2\dot{\phi}_0^2 - \phi_0(\ddot{\phi}_0 + 3H\dot{\phi}_0)] \Omega_0^{-2} \delta\Omega - \\ & + 3\lambda \delta\Omega \Omega_0^{-4} \frac{\dot{\phi}_0}{\phi_0^4} [-\phi_0 \dot{\phi}_0 \ddot{\phi}_0 + 2\dot{\phi}_0^3] + \\ & + 4\lambda \Omega_0^{-3} \frac{\dot{\phi}_0 \delta\phi}{\phi_0^5} [-\phi_0 \dot{\phi}_0 \ddot{\phi}_0 + 2\dot{\phi}_0^3] - \\ & - \lambda \Omega_0^{-3} \frac{\delta\dot{\phi}}{\phi_0^4} [-\phi_0 \dot{\phi}_0 \ddot{\phi}_0 + 2\dot{\phi}_0^3] - \lambda \Omega_0^{-3} \frac{\dot{\phi}_0}{\phi_0^4} [-\delta\phi \dot{\phi}_0 \ddot{\phi}_0 - \\ & - \phi_0 \delta\phi \ddot{\phi}_0 - \phi_0 \dot{\phi}_0 \delta\ddot{\phi} + 6\dot{\phi}_0^2 \delta\dot{\phi}] = 0 \end{aligned}$$

where $\Omega_0 \equiv \sqrt{1 + \lambda \dot{\phi}_0^2 / \phi_0^4}$ and

$$\delta\Omega = \frac{\Omega_0^{-1}}{2} \lambda \left\{ 2 \frac{\dot{\phi}_0 \delta\dot{\phi}}{\phi_0^4} - 4 \frac{\lambda \dot{\phi}_0^2}{\phi_0^5} \delta\phi \right\}$$

Finally - we have argued that if \exists an inflating soln, then the potential is steep in the absence of cancellations between terms in (*). We can argue that \exists a self-consistent inflating soln as follows:

As the scalar rolls down a steep potential, we may begin in the slow-roll regime but we will enter the speed limit regime where $\frac{\lambda \dot{\phi}^2}{\phi^4} \approx -1$.

Then, $\left(\frac{\lambda \dot{\phi}^2}{\phi^4}\right)' \approx 0 \rightarrow \frac{2\lambda \dot{\phi} \ddot{\phi}}{\phi^4} - \frac{4\lambda \dot{\phi}^2}{\phi^5} \dot{\phi} \approx 0 \rightarrow \ddot{\phi} \approx \frac{2\dot{\phi}^2}{\phi}$

and the (background-level) eom becomes

$$\ddot{\phi} + 3\frac{\dot{\phi}}{\phi}\dot{\phi} - \frac{\lambda \dot{\phi}^2}{\phi^4} \gamma^3 \left(\ddot{\phi} - 2\frac{\dot{\phi}^2}{\phi}\right) - \frac{4\dot{\phi}^3}{\lambda} - 2\frac{\dot{\phi}^2}{\phi} + \frac{1}{\gamma} \frac{\partial V}{\partial \phi} = 0$$

$$\gamma = \frac{1}{\sqrt{1 + \frac{\lambda \dot{\phi}^2}{\phi^4}}}$$

$$\approx \underline{3\frac{\dot{\phi}}{\phi}\dot{\phi} - \frac{4\dot{\phi}^3}{\lambda} + \frac{1}{\gamma} \frac{\partial V}{\partial \phi} = 0}$$

We know $\ddot{a} \approx -(p+3p) = -\left(\frac{\phi^4}{\lambda} \gamma + V + 3\left(\frac{\phi^4}{\lambda} \gamma - V\right)\right)$

$$\approx \underbrace{+\frac{\phi^4}{\lambda} \gamma}_{\approx 0} + \underbrace{2V}_{\approx 0}$$

so \exists an inflating solution if $V \gg \left|\frac{\phi^4}{\lambda} \gamma\right|$. This will hold if

$\frac{H\dot{\phi}}{\phi^4/\lambda} \gg 1$, in which case $\frac{\phi^4}{\lambda} \ll \frac{1}{\gamma} \frac{\partial V}{\partial \phi} \phi \approx \frac{1}{\gamma} V$.

$$\frac{H\dot{\phi}}{\phi^{3/2}} \approx \frac{\sqrt{V}}{M_p} \frac{\phi^2 \sqrt{\lambda}}{\phi^{3/2}} \approx \frac{m\phi}{M_p} \frac{\sqrt{\lambda}}{\phi} \approx \frac{m\sqrt{\lambda}}{M_p} \quad \text{where } V(\phi) = \frac{1}{2} m^2 \phi^2.$$

There exists an inflating solution for $\frac{m\sqrt{\lambda}}{M_p} \gg 1 \rightarrow$ the opposite of what we would expect for slow-roll!